



Thank you for helping Denver families in need!

We serve more than 800 people and give out over 5,000 items of food every week! Your help makes a real difference.

Shopping List:

Canned fruit

Hearty Soups (**Chunky, Progresso etc.**)

Stews & Chili

Canned chicken

Tuna

Jams & honey

Pasta & sauce



Boxed dry meals and sides

Bags of rice (1 or 2 lbs)

Refried beans

Condiments

Peanut butter

Toothpaste & deodorant

Soap & shampoo – full size
(unscented & gender neutral)



Cash donations

For every \$1 cash donation we can provide more than \$9 of food to our clients!

Please mail donations to:

P.O. Box 11948
Denver, CO 80211



Secure Online donations at: www.BienvenidosFoodBank.org

303-433-6328

The Bienvenidos Food Bank is a program of **the Northwest Family Assistance Center**.
Donations can be tax deductible.